

Result Record

(OMB Number: 0930-0285; Expiration Date: 02/28/2022)

Category: Workforce Development

Indicator: WD2 - The number of people in the mental health and related workforce trained in mental health-related practices/activities that are consistent with the goals of the grant.

INSTRUCTIONS: Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter¹. If applicable, enter the number and/or percent or amount of funding.

Date Range Result Was Completed: 10/1/2020 - 12/31/2020 ▼

Result Name: No New Result

Result Description:(Do not exceed 550 characters.)

Number:

¹ FFY QUARTER 1 (10/1- 12/31); FFY QUARTER 2 (1/1- 3/31); FFY QUARTER 3 (4/1- 6/30); FFY QUARTER 4 (7/1- 9/30)

Result Record

(OMB Number: 0930-0285; Expiration Date: 02/28/2022)

Category: Partnership/Collaboration**Indicator:** PC2 - The number of organizations collaborating/coordinating/sharing resources with other organizations as a result of the grant.**INSTRUCTIONS:** Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter¹. If applicable, enter the number and/or percent or amount of funding.

Date Range Result Was Completed: 10/1/2020 - 12/31/2020 ▼

Result Name: Partnership/Collaboration

Result Description:(Do not exceed 550 characters.)

Following the death of George Floyd & public outcry, residents wanted to build accountability & a direct line of communication to the city's administration, specifically the Flint Police Department. In response, the city created the Flint Community Advisory Task Force on Public Safety. The ReCAST Community Advisory Board made it clear that a member should be a part of the task force, to help ensure resilience and equity are important parts of the discussion. This task force is made up of resident & includes 3 ReCAST CAB members.

Number: 23

¹ FFY QUARTER 1 (10/1- 12/31); FFY QUARTER 2 (1/1- 3/31); FFY QUARTER 3 (4/1- 6/30); FFY QUARTER 4 (7/1- 9/30)

Result Record

(OMB Number: 0930-0285; Expiration Date: 02/28/2022)

Category: Training**Indicator:** TR1 - The number of individuals who have received training in prevention or mental health promotion.**INSTRUCTIONS:** Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter¹. If applicable, enter the number and/or percent or amount of funding.

Date Range Result Was Completed: 10/1/2020 - 12/31/2020 ▼

Result Name: First Responder Training

Result Description:(Do not exceed 550 characters.)

This quarter, Flint ReCAST was excited to offer Mental Health First Aid Training to the Flint Police Department, provided by Genesee Health Systems. Working with the Flint Police Chief, the program identified all of the police officers who had not received training and scheduled the sessions based on officer availability. Training began (only those numbers are reflected here) and by the end of February 2021 100% of the officers, including the Police Chief will have taken the course.

Number: 25

¹ FFY QUARTER 1 (10/1- 12/31); FFY QUARTER 2 (1/1- 3/31); FFY QUARTER 3 (4/1- 6/30); FFY QUARTER 4 (7/1- 9/30)

Result Record

(OMB Number: 0930-0285; Expiration Date: 02/28/2022)

Category: **Types/Targets of Practices**

Indicator: **T3 - The number of people receiving evidence-based mental health-related services as a result of the grant.**

INSTRUCTIONS: Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter¹. If applicable, enter the number and/or percent or amount of funding.

Date Range Result Was Completed:

Result Name: No New Result

Result Description:(Do not exceed 550 characters.)

Number:

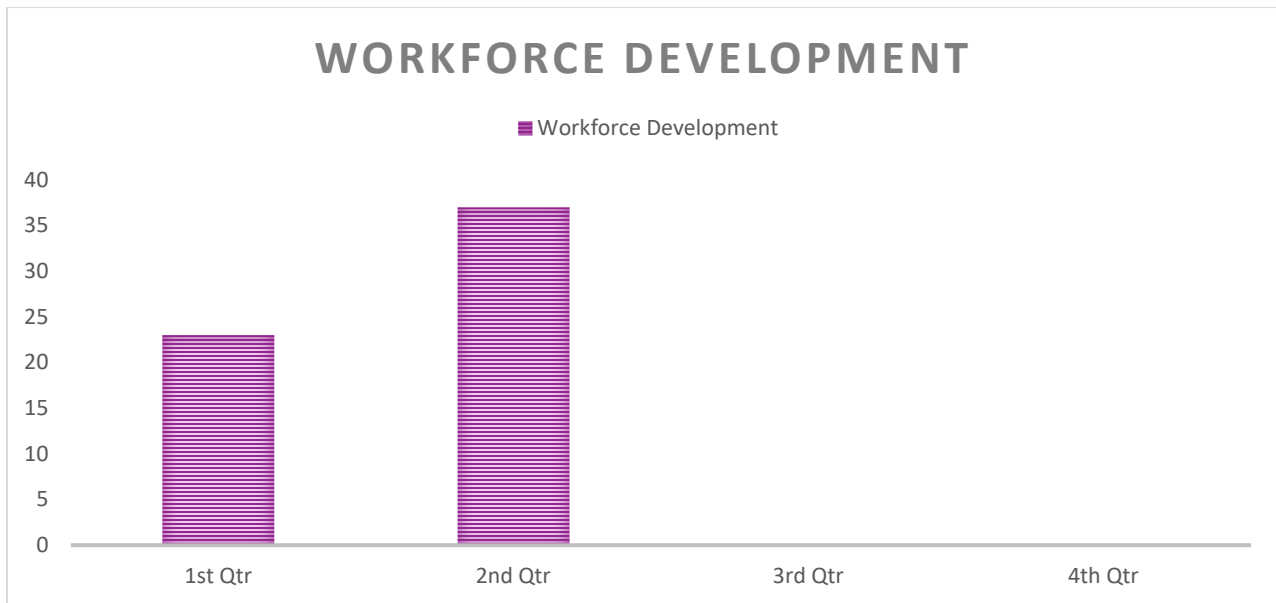
¹ FFY QUARTER 1 (10/1- 12/31); FFY QUARTER 2 (1/1- 3/31); FFY QUARTER 3 (4/1- 6/30); FFY QUARTER 4 (7/1- 9/30)



QUARTERLY SPARS REPORT

Year 1 Quarter 2: January 1, 2021 – March 31, 2021

CATEGORY: WORKFORCE DEVELOPMENT	
INDICATOR: WD2 - The number of people in the mental health and related workforce trained in mental health-related practices/activities that are consistent with the goals of the grant.	
INSTRUCTIONS Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter. If applicable, enter the number and/or percent or amount of funding.	
DATE RANGE RESULT WAS COMPLETED	Q2: 01/01/2021 – 03/31/2021
RESULT NAME	Mental Health First Aid
RESULT DESCRIPTION:(DO NOT EXCEED 550 CHARACTERS.)	This quarter, Flint ReCAST was excited to offer Mental Health First Aid Training to the Flint Police Department, provided by Genesee Health Systems. Trainings were scheduled for the remaining sessions based on officer availability.
NUMBER FOR QUARTER	37
NUMBER TOTAL TO DATE	60
TOTAL NUMBER GOAL	30
PERCENT OF GOAL ACCOMPLISHED	200%
PERCENT OF GOAL TO GO	None, Goal Exceeded

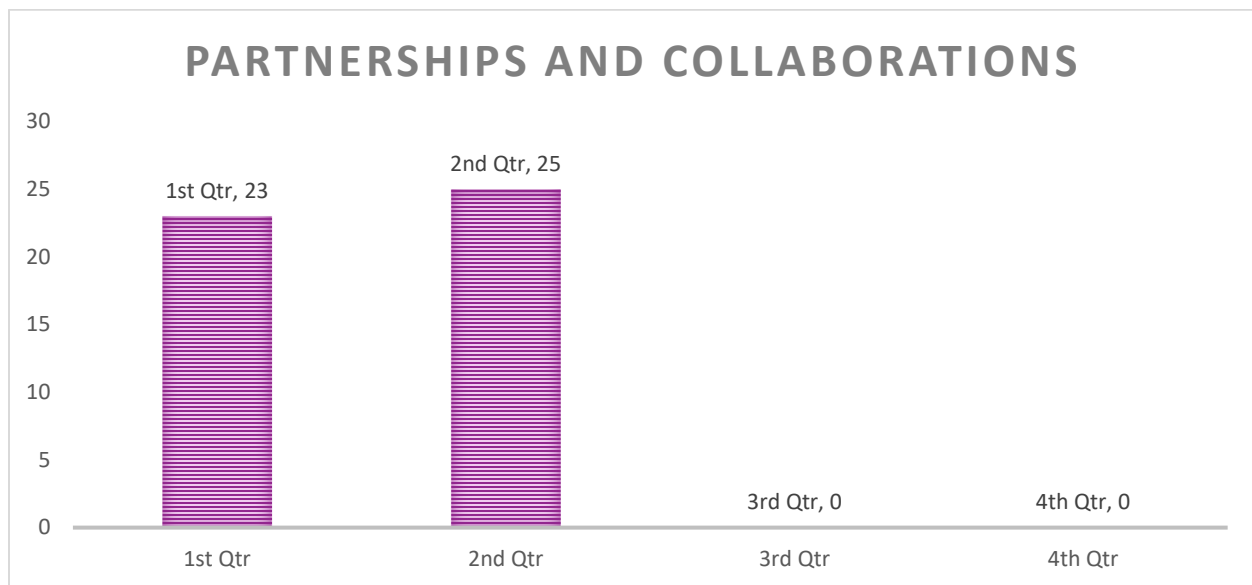




QUARTERLY SPARS REPORT

Year 1 Quarter 2: January 1, 2021 – March 31, 2021

CATEGORY: PARTNERSHIP/COLLABORATION	
INDICATOR: PC2 - The number of organizations collaborating/coordinating/sharing resources with other organizations as a result of the grant.	
INSTRUCTIONS Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter. If applicable, enter the number and/or percent or amount of funding.	
DATE RANGE RESULT WAS COMPLETED	Q2: 01/01/2021 – 03/31/2021
RESULT NAME	Mini Grants and Community Organizations
RESULT DESCRIPTION:(DO NOT EXCEED 550 CHARACTERS.)	Flint ReCAST launched 19 community mini grants. We invited all grantees to a cohort meeting to facilitate partnerships amongst them and connect our grantees to additional community resources and our program implementation partners for mindfulness and behavioral health. Grantees were encouraged to coordinate trainings with those partners for their staff and participants. Other partnerships established this quarter include the local prosecutor's office and the Drug Endangered Children Alliance.
NUMBER FOR QUARTER	25
NUMBER TO DATE	48
TOTAL NUMBER GOAL	25
PERCENT OF GOAL ACCOMPLISHED	192%
PERCENT OF GOAL TO GO	None, Goal Exceeded

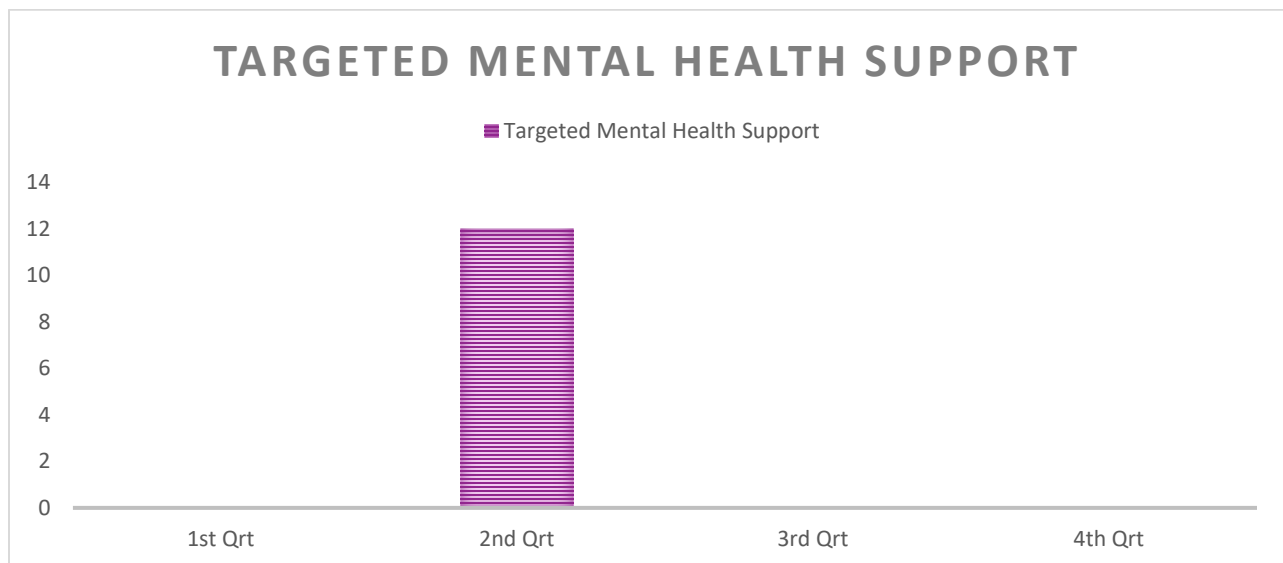




QUARTERLY SPARS REPORT

Year 1 Quarter 2: January 1, 2021 – March 31, 2021

CATEGORY: TYPES/TARGETS OF PRACTICES	
INDICATOR: T3 - The number of people receiving evidence-based mental health-related services as a result of the grant.	
INSTRUCTIONS Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter. If applicable, enter the number and/or percent or amount of funding.	
DATE RANGE RESULT WAS COMPLETED	Q2: 01/01/2021 – 03/31/2021
RESULT NAME	Mindfulness-Based Resilience Training (MBRT)
RESULT DESCRIPTION:(DO NOT EXCEED 550 CHARACTERS.)	As an extension of the successful year 4 pilot project, Flint ReCAST is excited to provide mindfulness-based resilience training for first responders via The Crim Fitness Foundation. The Crim has been supporting mindful leadership development for the past ten years, and once again collaborated with Mindful Badge for this course to support first responder health, humanity, and performance. The first of three, 8-week cohorts began in March and features Flint Fire Fighters. Cohort 2 will begin in May and the final cohort will begin in July.
NUMBER FOR QUARTER	12
TOTAL NUMBER TO DATE	12
TOTAL NUMBER GOAL	80
PERCENT OF GOAL ACCOMPLISHED	15%
PERCENT OF GOAL TO GO	85%





QUARTERLY SPARS REPORT

Year 1 Quarter 2: January 1, 2021 – March 31, 2021

CATEGORY: TYPES/TARGETS OF PRACTICES	
INDICATOR: TR1 - The number of individuals who have received training in prevention or mental health promotion.	
INSTRUCTIONS Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter. If applicable, enter the number and/or percent or amount of funding.	
DATE RANGE RESULT WAS COMPLETED	Q2: 01/01/2021 – 03/31/2021
RESULT NAME	Community Mental Health Training
RESULT DESCRIPTION:(DO NOT EXCEED 550 CHARACTERS.)	Genesee Health System the Behavioral Health Partner for Flint ReCAST has crafted over 90 brand new trainings that will be utilized within the community throughout the end of this year. Training is conducted monthly and includes reoccurring options for the community to be trained in topics including but not limited to Mental Health First Aid, Psychological First Aid, Question, Persuade and Refer (QPR), Mental Health 101 and Suicide: The Ripple Effect.
NUMBER FOR QUARTER	93
TOTAL NUMBER TO DATE	93
TOTAL NUMBER GOAL	500
PERCENT OF GOAL ACCOMPLISHED	19%
PERCENT OF GOAL TO GO	81%

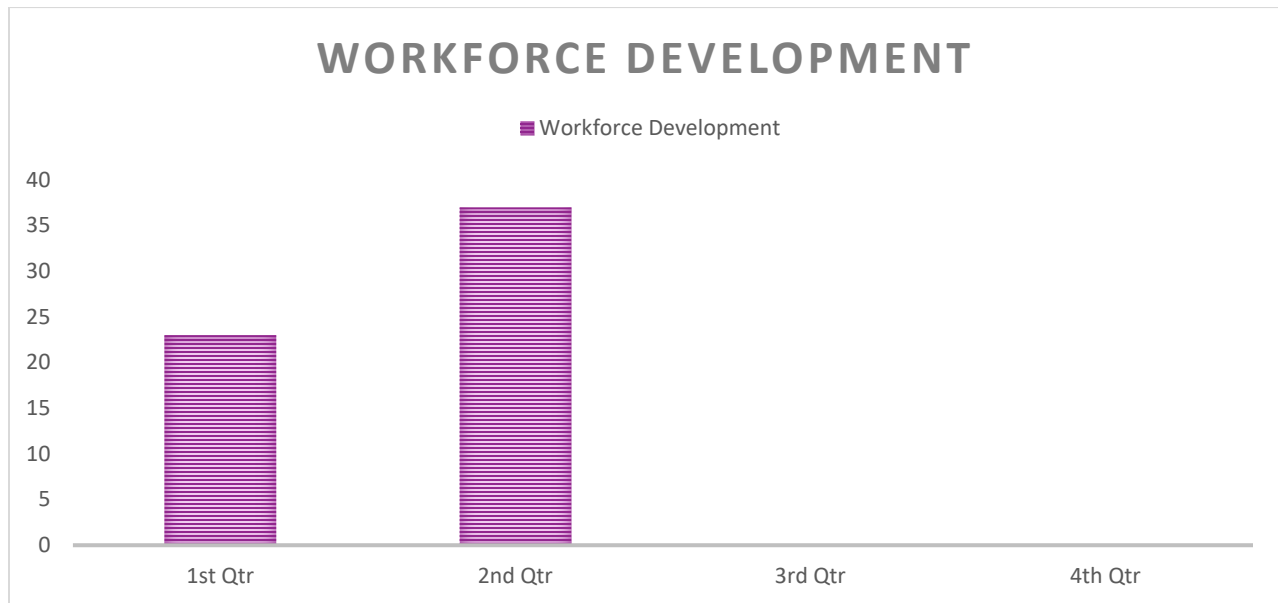




QUARTERLY SPARS REPORT

Year 5 Quarter 3: April 1, 2021 – June 30, 2021

CATEGORY: WORKFORCE DEVELOPMENT	
INDICATOR: WD2 - The number of people in the mental health and related workforce trained in mental health-related practices/activities that are consistent with the goals of the grant.	
INSTRUCTIONS Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter. If applicable, enter the number and/or percent or amount of funding.	
DATE RANGE RESULT WAS COMPLETED	Q3: 04/01/2021 – 06/30/2021
RESULT NAME	No New Result
RESULT DESCRIPTION:(DO NOT EXCEED 550 CHARACTERS.)	This quarter, Flint ReCAST did not provide mental health and related workforce training in mental health-related practices/activities that are consistent with the goals of the grant. This goal has been met and exceeded
NUMBER FOR QUARTER	0
NUMBER TOTAL TO DATE	60
TOTAL NUMBER GOAL	30
PERCENT OF GOAL ACCOMPLISHED	200%
PERCENT OF GOAL TO GO	None, Goal Exceeded

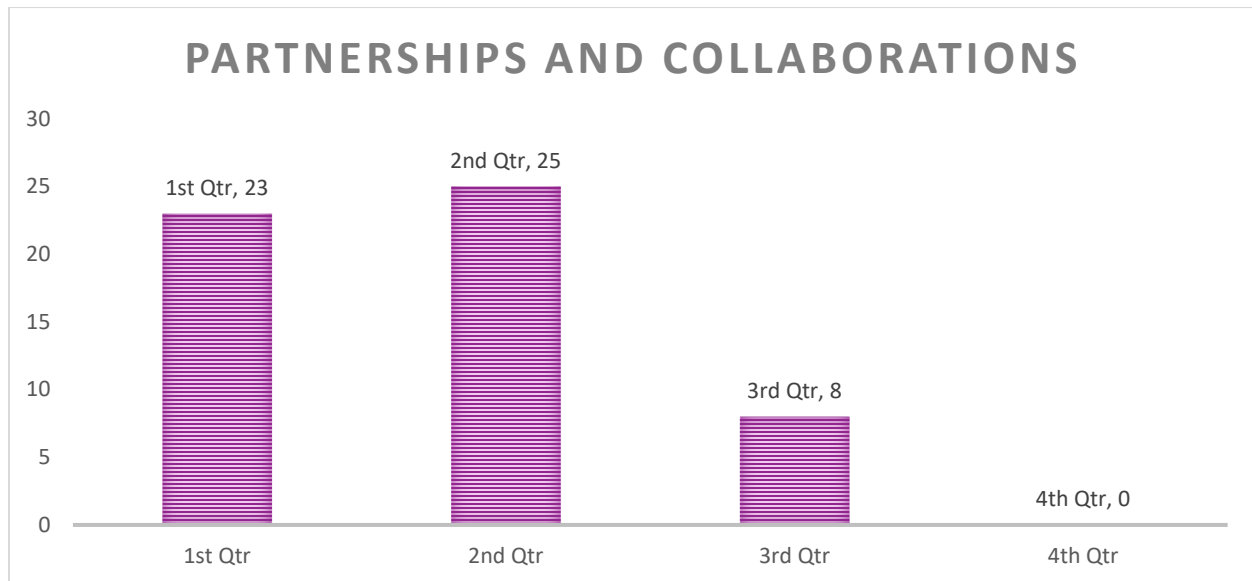




QUARTERLY SPARS REPORT

Year 5 Quarter 3: April 1, 2021 – June 30, 2021

CATEGORY: PARTNERSHIP/COLLABORATION	
INDICATOR: PC2 - The number of organizations collaborating/coordinating/sharing resources with other organizations as a result of the grant.	
INSTRUCTIONS Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter. If applicable, enter the number and/or percent or amount of funding.	
DATE RANGE RESULT WAS COMPLETED	Q3: 04/01/2021 – 06/30/2021
RESULT NAME	Community Partnerships
RESULT DESCRIPTION:(DO NOT EXCEED 550 CHARACTERS.)	Flint ReCAST built connections with additional youth serving organizations and community service providers in the development of new projects via our carry over funds. New partnerships include United Way, Community Foundation of Greater Flint, Neighborhood Engagement Hub, The Flint Children's Museum, Flint Public Health Youth Academy, Motherly Intercession, Genesee Community Health, and St. Marks Youth Suicide Prevention Program.
NUMBER FOR QUARTER	8
NUMBER TO DATE	56
TOTAL NUMBER GOAL	25
PERCENT OF GOAL ACCOMPLISHED	224%
PERCENT OF GOAL TO GO	None, Goal Exceeded

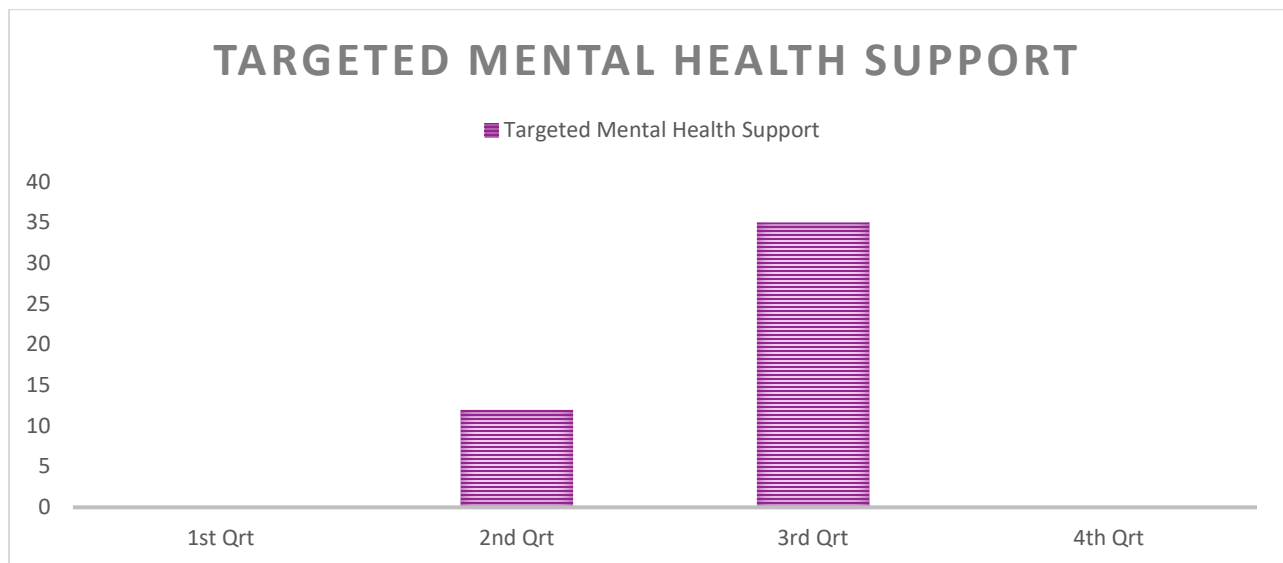




QUARTERLY SPARS REPORT

Year 5 Quarter 3: April 1, 2021 – June 30, 2021

CATEGORY: TYPES/TARGETS OF PRACTICES	
INDICATOR: T3 - The number of people receiving evidence-based mental health-related services as a result of the grant.	
INSTRUCTIONS Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter. If applicable, enter the number and/or percent or amount of funding.	
DATE RANGE RESULT WAS COMPLETED	Q3: 04/01/2021 – 06/30/2021
RESULT NAME	Mindfulness-Based Resilience Training (MBRT) and Search Inside Yourself Leadership Academy (SIYL)
RESULT DESCRIPTION:(DO NOT EXCEED 550 CHARACTERS.)	Flint ReCAST provide mindfulness-based resilience secondary trauma supports for first responders via The Crim Fitness Foundation. The Crim has been supporting mindful leadership development for the past ten years, and once again collaborated with Mindful Badge for this course to support first responder health, humanity, and toxic stress mitigation. The second of three, 8-week cohorts began in May and features members from the Genesee County Sherriff's Department. The final cohort will begin in July.
NUMBER FOR QUARTER	35
TOTAL NUMBER TO DATE	47
TOTAL NUMBER GOAL	80
PERCENT OF GOAL ACCOMPLISHED	59%
PERCENT OF GOAL TO GO	41%

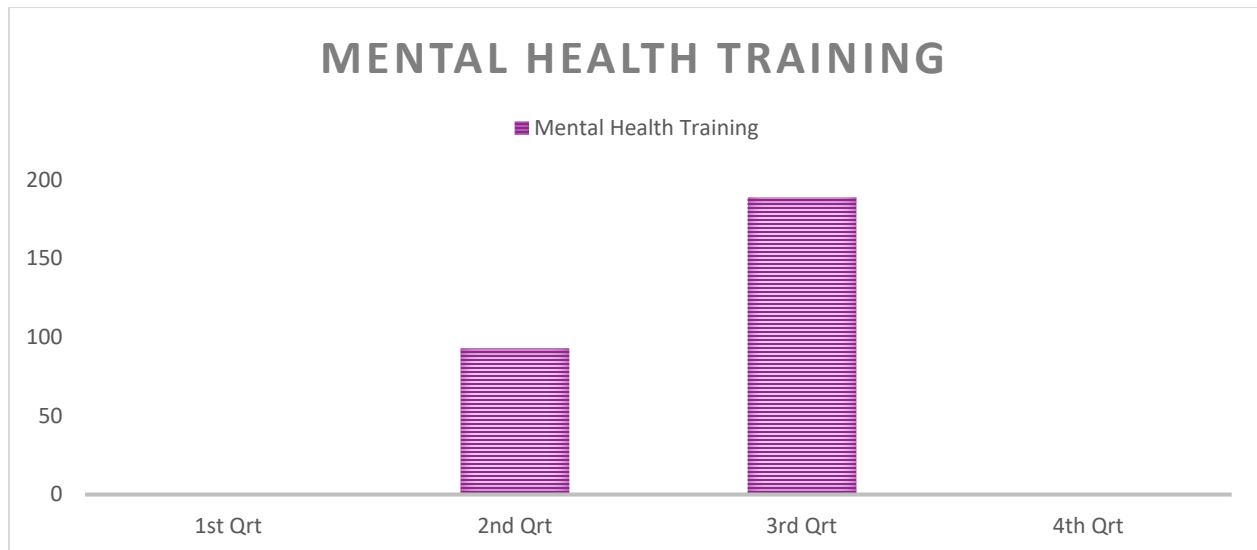




QUARTERLY SPARS REPORT

Year 5 Quarter 3: April 1, 2021 – June 30, 2021

CATEGORY: TYPES/TARGETS OF PRACTICES	
INDICATOR: TR1 - The number of individuals who have received training in prevention or mental health promotion.	
INSTRUCTIONS Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter. If applicable, enter the number and/or percent or amount of funding.	
DATE RANGE RESULT WAS COMPLETED	Q3: 04/01/2021 – 06/30/2021
RESULT NAME	Community Mental Health Training
RESULT DESCRIPTION:(DO NOT EXCEED 550 CHARACTERS.)	Genesee Health System the Behavioral Health Partner for Flint ReCAST has crafted over 90 brand new trainings that will be utilized within the community throughout the end of this year. Training is conducted monthly and includes reoccurring options for the community to be trained in topics including but not limited to Mental Health First Aid, Psychological First Aid, Question, Persuade and Refer (QPR), Mental Health 101 and Suicide: The Ripple Effect.
NUMBER FOR QUARTER	189
TOTAL NUMBER TO DATE	282
TOTAL NUMBER GOAL	500
PERCENT OF GOAL ACCOMPLISHED	56%
PERCENT OF GOAL TO GO	44%

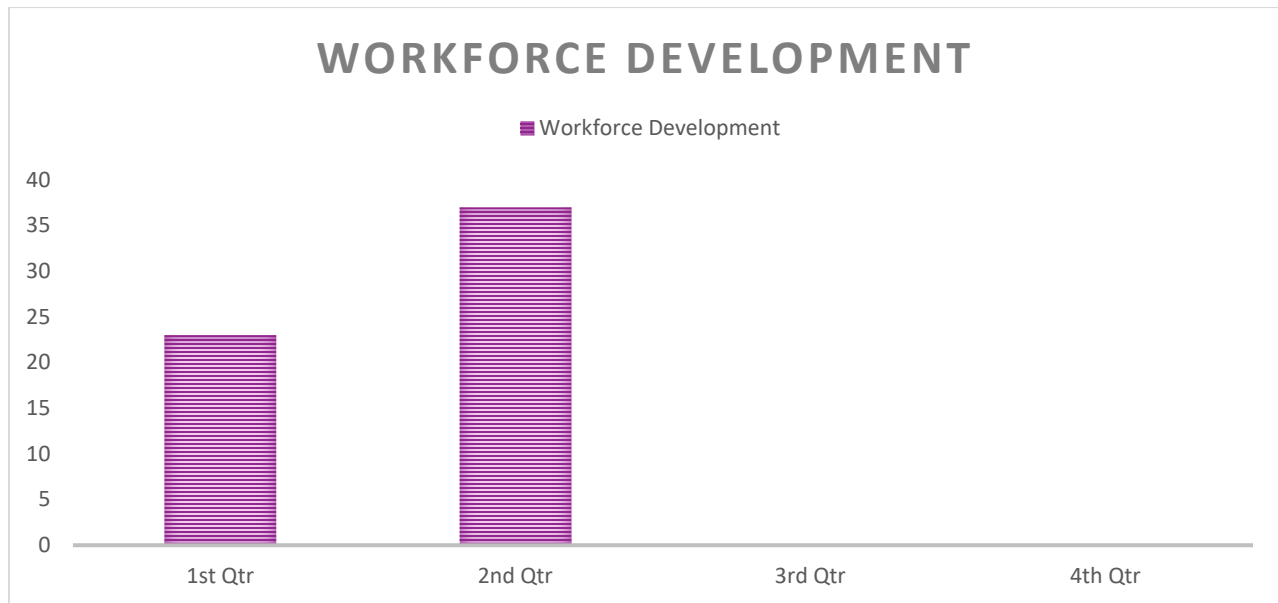




QUARTERLY SPARS REPORT

Year 5 Quarter 4: July 1, 2021 – September 30, 2021

CATEGORY: WORKFORCE DEVELOPMENT	
INDICATOR: WD2 - The number of people in the mental health and related workforce trained in mental health-related practices/activities that are consistent with the goals of the grant.	
INSTRUCTIONS Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter. If applicable, enter the number and/or percent or amount of funding.	
DATE RANGE RESULT WAS COMPLETED	Q4: 07/01/2021 – 09/30/2021
RESULT NAME	No New Result
RESULT DESCRIPTION:(DO NOT EXCEED 550 CHARACTERS.)	This quarter, Flint ReCAST did not provide mental health and related workforce training in mental health-related practices/activities that are consistent with the goals of the grant. This goal has been met and exceeded
NUMBER FOR QUARTER	0
NUMBER TOTAL TO DATE	60
TOTAL NUMBER GOAL	30
PERCENT OF GOAL ACCOMPLISHED	200%
PERCENT OF GOAL TO GO	None, Goal Exceeded

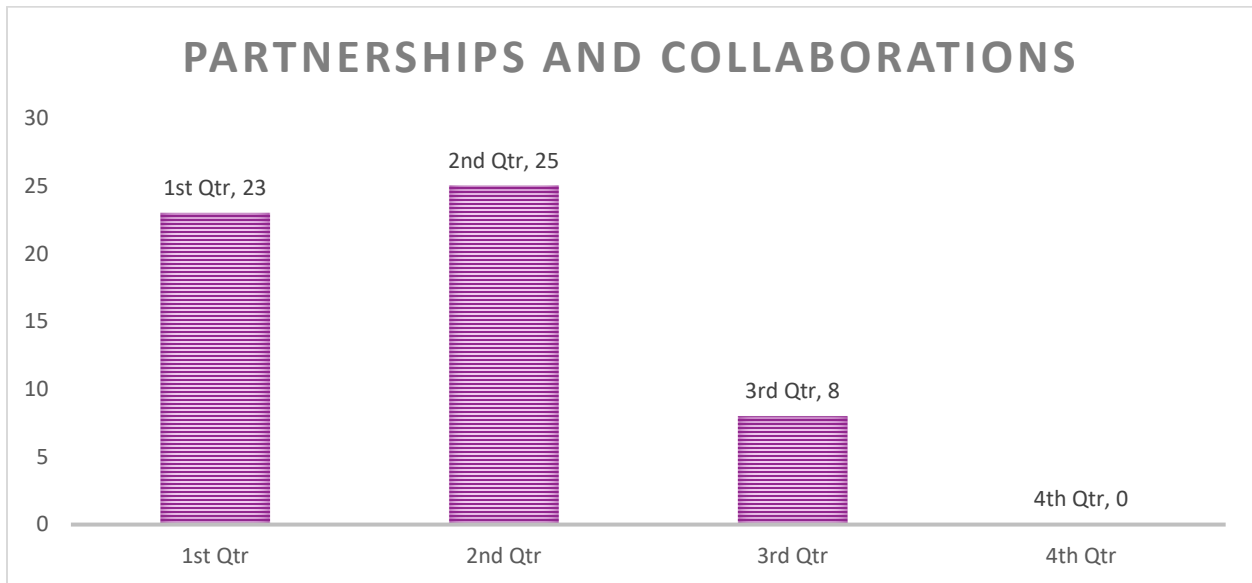




QUARTERLY SPARS REPORT

Year 5 Quarter 4: July 1, 2021 – September 30, 2021

CATEGORY: PARTNERSHIP/COLLABORATION	
INDICATOR: PC2 - The number of organizations collaborating/ coordinating/ sharing resources with other organizations as a result of the grant.	
INSTRUCTIONS Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter. If applicable, enter the number and/or percent or amount of funding.	
DATE RANGE RESULT WAS COMPLETED	Q4: 07/01/2021 – 09/30/2021
RESULT NAME	No New Result
RESULT DESCRIPTION:(DO NOT EXCEED 550 CHARACTERS.)	This quarter, Flint ReCAST did not collaborate/coordinate/share resources with any new organizations as a result of the grant. This goal has been met and exceeded
NUMBER FOR QUARTER	0
NUMBER TO DATE	56
TOTAL NUMBER GOAL	25
PERCENT OF GOAL ACCOMPLISHED	224%
PERCENT OF GOAL TO GO	None, Goal Exceeded

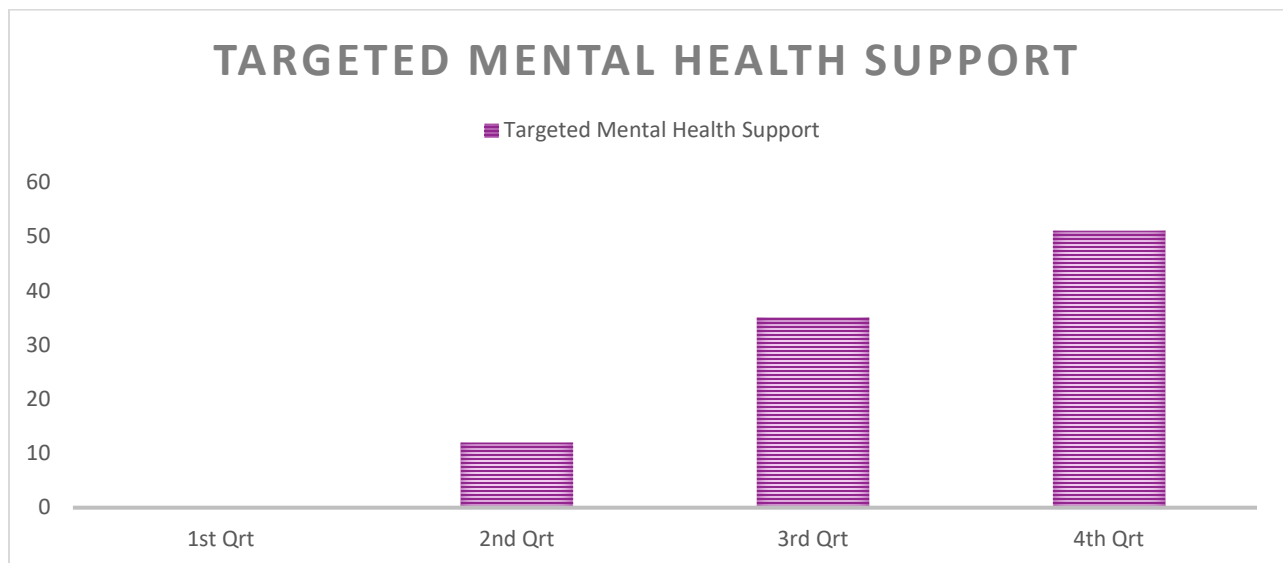




QUARTERLY SPARS REPORT

Year 5 Quarter 4: July 1, 2021 – September 30, 2021

CATEGORY: TYPES/TARGETS OF PRACTICES	
INDICATOR: T3 - The number of people receiving evidence-based mental health-related services as a result of the grant.	
INSTRUCTIONS Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter. If applicable, enter the number and/or percent or amount of funding.	
DATE RANGE RESULT WAS COMPLETED	Q4: 07/01/2021 – 09/30/2021
RESULT NAME	Mindfulness-Based Resilience Training (MBRT) and Social Service Worker Burnout Prevention Support Services
RESULT DESCRIPTION:(DO NOT EXCEED 550 CHARACTERS.)	Flint ReCAST provided mindfulness-based resilience secondary trauma supports for first responders, and social Service worker burnout prevention support services. The Crim once again collaborated with Mindful Badge for their course to support first responder health, humanity, and toxic stress mitigation. The final of three, 8-week cohorts began in July. Additional services were provided to social services workers to prevent and reduce burnout via one of our mini grantees.
NUMBER FOR QUARTER	51
TOTAL NUMBER TO DATE	98
TOTAL NUMBER GOAL	80
PERCENT OF GOAL ACCOMPLISHED	122%
PERCENT OF GOAL TO GO	None, Goal Exceeded





QUARTERLY SPARS REPORT

Year 5 Quarter 4: July 1, 2021 – September 30, 2021

CATEGORY: TYPES/TARGETS OF PRACTICES	
INDICATOR: TR1 - The number of individuals who have received training in prevention or mental health promotion.	
INSTRUCTIONS Enter one result per indicator on this data entry screen. Please do not use the same result name twice in one federal fiscal year quarter. If applicable, enter the number and/or percent or amount of funding.	
DATE RANGE RESULT WAS COMPLETED	Q4: 07/01/2021 – 09/30/2021
RESULT NAME	Community Mental Health and ACEs Training
RESULT DESCRIPTION:(DO NOT EXCEED 550 CHARACTERS.)	Genesee Health System the Behavioral Health Partner for Flint ReCAST has crafted over 90 brand new trainings that will be utilized within the community throughout the end of this year. Training is conducted monthly and includes reoccurring options for the community to be trained in topics including but not limited to Mental Health First Aid, Psychological First Aid, Question, Persuade and Refer (QPR), Mental Health 101 and Suicide: The Ripple Effect. Additionally, community ACEs training was developed and provided by a clinical phycologist and certified ACEs master trainer.
NUMBER FOR QUARTER	344
TOTAL NUMBER TO DATE	626
TOTAL NUMBER GOAL	500
PERCENT OF GOAL ACCOMPLISHED	125%
PERCENT OF GOAL TO GO	None, Goal Exceeded

