



Community Mini Grant Program

The Flint ReCAST (Resiliency in Communities After Stress and Trauma) Program was designed to assist high-risk youth and families in the City of Flint impacted by the Flint Water Emergency. ReCAST seeks to promote resilience and equity through the implementation of evidence-based violence prevention and community youth engagement programs, as well as linkages to trauma-informed behavioral health services. Flint ReCAST envisions the greater Flint community working together in ways that lead to improved behavioral health, empowered community residents, reductions in trauma, and sustained community change.

Flint ReCAST mini grants were awarded to organizations for the expressed purpose of supporting opportunities for collaboration, formalizing trauma-informed practices and policies, and developing a sustainability plan for using trauma-informed strategies in the future to support the Flint community. Each recipient will be working towards one of three goal areas. A full list of the mini grant recipients with a brief summary of each project is listed below.

Goal 1: Support at-risk youth and families to develop resiliency by implementing community programs that provide youth with training and skills for psychological recovery and support.

Goal 2: Mitigate behavioral health impacts of the Flint Water Emergency via programs providing professional, trauma-informed training and mentoring to equip area clinicians to deliver intensive, short-term, trauma-focused treatment through individual and/or group therapy for Flint area youth and families.

Goal 3: Implement evidence-based programs to support skill-building and career opportunities for youth and families with a focus on increasing access to community-based artistic and cultural resilience events and activities (e.g. art, music, theatre, dance, photography) for Flint area youth and families, in collaboration with local community-based organizations, to advance healing and resilience.

Sylvester Broome Empowerment Village

SBEV SOC PROGRAM, MUSIC THERAPY, AND COUNSELING

Healing the Kids of North Flint - Sylvester Broome Empowerment Village (SBEV), with the support of Flint ReCAST, is forging a path forward. In partnership with Michigan State University Extension, the Flint Institute of Arts, and others, we are enhancing our SOC program by offering the students of North Flint arts, music, education, and recreational programming that promotes wellness and healing from trauma. These programs were designed based on SBEV's YEH model.

Voices for Children

STRONG COMMUNITY VOICES: A RESILIENCY INITIATIVE

Strong Community Voices: A Resiliency Initiative is a project designed to empower and uplift the voices of Flint youth, parents, and families through education, partnership, connection, and support. The project harnesses the passion and expertise already contained in the Flint community to create positive ripples of hope and resilience throughout neighborhoods and communities. The project will provide trainings and opportunities for peer support and leadership growth for families in the Flint community.

Boys and Girls Club

SAFETY & WHATEVER IT TAKES TO BUILD GREAT FUTURES

Boys & Girls Clubs of Greater Flint is proud to partner with Flint ReCAST to support quality programs that enable all young people, especially those who need us most, to reach their full potential. The Club currently provides virtual learning for students, which is supplemented with high-yield learning activities that focus on academic success, good character, and healthy lifestyles. By providing a safe, positive environment, with caring mentors, and life-enhancing programs, the Club does whatever it takes to ensure equity and inclusion for all youth to build great futures.

MADE Institute

E.P.I.K. LIFE SKILLS PROGRAM

The M.A.D.E. Insitute is targeting youth ages 18-24, who are returning citizens, to participate in our Life Skills Program. The program helps participants address the trauma they have faced which lead to their incarceration and will help them learn life skills while gaining job training as they reenter into society. By setting them up for success, the recidivism rates of these young people will be reduced, and they will be able to address traumatic incidents they face in life.

InvolvedDad

FATHER MENTOR COACHING

InvolvedDad now offers Trauma-Informed Mentor/Coaching for fathers in Greater Flint. Children's success is the community's success as a whole and begins with stable families and involved fathers. Flit families, neighborhoods, and ultimately the entire City of Flint will benefit when these resilient men reach a level of engagement that impacts the next generation of our community.

DREAMS

DREAMS OF RESILIENCY

Developing Respectful Educated Aspiring Minds with Sports (DREAMS) looks to continue to help youth recover from adverse childhood experiences (ACEs). The Flint Water Crisis and other social determinants have been proven to cause trauma in Flint youth. Through its gardening program, Green Dreams, DREAMS provides youth with coping mechanisms to help mitigate the effects of their trauma.

R.L. Jones Community Center

YOUTH JOB READINESS TRAINING PROGRAM

The job training program provides opportunities for youth in North Flint. Training is provided in fields where immediate job placement is possible providing opportunities to help improve the lives of the participants and their families. The program helps participants work through the challenges faced by past trauma and sets them on a path for future success.

Peckham

MENTOR: FLINT

Due to the known long-term, adverse effects of lead exposure on childhood cognitive and behavioral development, customized mentoring services, in partnership with local agencies and educational providers, must be supported. Mentor: Flint offers services to help youth minimize involvement with the juvenile justice system and break the school-to-prison pipeline. The program includes evidence-based practices that promote a culture of safety, self-resilience, empowerment, and healing.

North Flint Action Council

NO WEAPON

The North Flint Neighborhood Action Council in partnership with the 7th Circuit Court Family Division and Community Roots introduces Flint to the 'No Weapon' project. No Weapon is a collaborative effort to work with youth between 12-17 and families from the 48505 and 48504 to find options other than crime, gun violence, and another life lost to the criminal justice system.

Legal Services of Eastern Michigan

MINDFULNESS TRAINING FOR THOSE HELPING OUR COMMUNITY

Trained professionals to provide no-cost mindfulness training to Flint area social services professionals. Techniques have been shown to provide mental, physical, and social wellness. Staff will get tools to equip themselves and others with the increasing stresses of life.

Youth Arts Unlocked

ARTS IN DETENTION AND ARTS ON PROBATION

YOUTH ARTS: UNLOCKED (YAU) builds resilience in Flint's most disadvantaged and marginalized youth by providing weekly virtual, performing arts and yoga workshops to incarcerated and justice-involved youth. All workshops are trauma-informed and taught by teams of professional teaching artists who have experience working with at-risk youth. YAU enables the voices of the youth to be heard throughout the community and the nation by presenting live and virtual exhibits, producing dance and theatre videos, and publishing a book of the youth's artwork and writing.

Tapology

TAPOLOGY COMMUNITY OUTREACH PROGRAM

Thanks to a partnership with Flint ReCAST, Tapology is expanding its program to engage more Flint Kids! In 2021, Tapology will focus on engaging youth in Flint Housing Commission neighborhoods and the foster care system, providing an outlet for youth who need it most, during a time when resilience and connection to culture are absolutely critical.

Total Life Prosperity

TOTAL WELLNESS WORKSHOP AND CELEBRATION

TLP CDC through a grant from ReCAST and the support of Illuminating Community Change invites you to remember how to use laughter and learning to de-stress and practice self-care while celebrating life. For the next 6 months, the importance of self-care, family time, and the world of art/culture will be opened for families to explore through Total Wellness Workshops at River Park Apartments.

Heart of Worship Dance Studio

KIDS DANCING THROUGH COVID-19

This is a project to mitigate the effects of prolonged confinement and loss of daily activities for the Greater Flint area youth through the use of dance. HOWDS will use the medium of dance to relieve symptoms of PTSD that many children are experiencing during the ongoing Flint Water Crisis and the COVID-19 Pandemic, as parents and schools have been forced to follow mandates to maintain social distancing and stay at home. HOWDS will use the skills of CRM modeled in the ReCAST program; and will engage youth in virtual, in-person, and pre-recorded video interaction; and to encourage and promote continued learning during this time.

Bangtown Productions

STUDIO ON THE GO YOUTH TECHNOLOGY PROJECT

Flint ReCAST will be funding Bangtown Studio On The Go to expand their work in the Flint Community. The Mission of Bangtown Studio On The Go, Connecting Youth to their Community Through Music, Film, and Technology, aligns with skill-building and career opportunities Flint ReCAST supports for youth. With this grant, the lives of youth will be positively impacted, giving them social, academic, and technical skills needed for the future of our community.

Genesee Area Focus Fund

SUMMER ON THE ROAD

YouthQuest will support building resilience in the youth we serve by providing an educational platform that skill builds in the areas of socio-emotional learning (SEL), self-care, self-expression, public health concerns, and student voice. Through FPHYA, YQ students will problem-solve issues that directly affect them by participating in interactive learning sessions that teach them about public health careers, community health, and health equity. Students will continue to build resiliency through a summer youth retreat that would focus on self-care and self-expression through the arts and social-emotional learning.

STEMLETICS

FLINT EAST FACILITY

The Electronic Arts & Sports Training Facility is built on the power of STEM (Science, Technology, Engineering, and Math) concepts. Forged through the Engineering/Design Process and DIY hands-on projects. The power of discovery in your living room, The EAST Facility fuses open-ended exploration, play, and engineering to completely transform learning.

Flint Freedom School

COLLABORATIVE COMMUNITY ENRICHMENT

The Flint Freedom Schools Collaborative (FFSC) is a culturally relevant, literacy-focused, collaborative solution to closing the educational gap, fostering positive esteem, and encouraging retention and development of youth, young adults, and professional talent throughout Flint and Genesee County. Our project fosters academic and creative growth, community engagement, collaboration, positive culture cultivation, parent and family involvement, and intergenerational, servant leadership development through hybrid digital/in-person K-12 youth tutoring and creative learning sessions, as well as high-school intern development. The FFSC facilitates engaging, high-quality programming and coordinates organizations working together to implement out of school time activities for youth, families, young adults, and professionals.

LatinX Technology & Community Center

LATINX FLINT RECAST CULTURAL ART PROJECT

Our community and its members are filled with powerful stories of triumph and a will to overcome. It is our role to educate our youth about our collective struggle to create a more just community. LatinX Flint aspires to support youth in skill building for advancement in healing and resilience.